

## **Sports Report PE 2015-2016**

This year has been another busy one for the children and staff and Glenbrook Primary School. We have worked closely with Nottingham Trent University where we have had a number of students come in to teach PE alongside the class teachers. This has included Tag Rugby and Change 4 Life. The Change 4 Life project saw children from year 3 take part in both practical and theory lessons where they learned how to keep their bodies healthy.

Glenbrook Primary School employed a Health Mentor for two terms this year. She provided opportunities for children to attend a variety of clubs including the early morning wake and shake sessions which aim to get children energised for the day ahead. She also introduced a cheerleading club which was well attended particularly by girls in years 4 and 5. Alongside this, she worked with a small group of girls from year 4 to support co-operative play activities. The Health mentor also supported learning in year 4 as well as introducing some playground games at break and lunchtimes.

There have been a wide selection of sporting after school clubs which have been well received. This has included a number of different activities including Boccia, Outdoor Games, Rounders, Football and Tag Rugby to name a few.

In the future we aim to continue to offer these and many more opportunities for children at Glenbrook Primary School to try. Through this increased offer of sporting opportunities we have seen an increased uptake by children to try different sports which they would otherwise would not have had the chance to participate in.

We have continued with our approach to Swimming as we have focussed our attention on the year 4 children as research suggests this is the optimum time to get them swimming. They have swam for two terms. This had a much bigger impact meaning that the vast majority of children made very good progress in their swimming – a lifelong skill! Years 5 and 6 also had the opportunity to swim for a term each enabling them to achieve the recommended distance required of them to meet the current National Curriculum guideline.

Children have had the opportunity to take part in a number of competitions. We have entered the Basketball central venue league for the first time which saw the team come second overall. We have also been successful in Boccia tournaments where the team won the local competition earning them the opportunity to represent the City at the regional final. There has also been success in the year 5 and 6 sports hall athletics which the children performed extremely well and returned to school having won the competition. This included three of the girls finishing first, second and third out of all of the eight school that attended. We have also entered swimming galas for both swimmers and non-swimmers and some children appeared in the local media celebrating 120 years of school swimming. We took part in the Girls in Sport festival where year 6 girls participated in a series of events provided by sports leaders from a number of local secondary schools. Overall, children positively participate in both inter and intra school competitions and are proud to represent their school. They are also eager to be selected for such competitions.

Observations of staff teaching PE have been carried out and this has demonstrated that quality PE lessons are being delivered consistently throughout school. A specific PE scheme of work has been put into place which has given the teachers the confidence to deliver high quality PE lessons. Teachers have also provided more opportunities for competition during PE lessons where the children have been able to demonstrate the skills that they have learned in a unit of work.

As the year has progressed, sport at Glenbrook Primary School has continued to develop, giving children an increased sense of self-worth, the opportunity to shine and the chance to compete in a safe environment which values each and every contribution to the team. This has been valued by the children and staff as well as the parents and carers who are enthusiastic about their children taking part in competitive sport.

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